

# Sushruta



**Surgical Society of Bangalore ASICC  
Newsletter**



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## Editorial Desk

### Dear Esteemed Members of SSBASICC

On November 1, 1956, all Kannada-speaking regions united to form the state of Karnataka. The movement for Karnataka's unification began in Dharwad, championed by Alur Venkata Rao, who first envisioned and nurtured this idea.

Kannada is more than just a language—it's an emotion deeply embedded in a rich history of literature, culture, and art. Karnataka has been our home, regardless of our mother tongue. It's essential to cultivate pride in this language and embrace its learning. We dedicate this issue to mother "Kannadaambe."

The Surgical Society of Bangalore recently took part in two significant events as scientific partner: the FIAGES and FALS workshops and NATCON. SSBASICC members were part of organising committee and participated actively in these events. In this fifth edition of Sushrutha, we bring you coverage of these events alongside Monthly clinical meetings.

This special issue features an insightful interview with Dr. Nandakumar Jairam. Dr. Lakshman K shares nostalgic memories of his grandfather, the esteemed Kannada literary figure Masti Venkatesha Iyengar, known for his short stories. We're grateful to Dr. Chandrakala, Dr. B. S. Ramesh, and Dr. Srinivas Murthy for their engaging articles and poems. Additionally, this issue showcases photography of Karnataka's scenic places by Dr. Himagirish and enriched by beautiful paintings by Dr. Srinivas Yadav

ಕರ್ನಾಟಕ ಎಂಬುದೇನು, ಹೆಸರೆ ಬರಿಯ ಮಣ್ಣಿಗೆ  
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ಋಷಿಯ ಕಾಣ್ಣ ಕಣ್ಣಿಗೆ  
---ರಾಷ್ಟ್ರಕವಿ ಕುವೆಂಪು

**Dr Anupama Pujar K**  
Editor in Chief



## Message from President's Desk...

**Dear esteemed SSB member**

Warm greetings on this festive month, seeking blessings of God to illuminate our lives and increase the bonding. I am extremely happy about the way we celebrated our golden year with multiple events and are at the fag end of it.

We were part of many national educative events - Indian association of surgical oncologists IASO & NATCON 2024, Indian association of gastrointestinal endo surgeons FIAGES & FALS hernia fellowship program, and participated in hunger strike with IMA in support to seek justice for young doctors at Kolkata. I am thankful to all the SSB members for supporting us throughout the year.

Our flagship annual CSEP is awaited in November, which will be the landmark 50th one.



Education is the most powerful weapon which you can use to change the world for better and investment in knowledge pays the best interest. I request all members to participate in CSEP from 10-15th November, by guiding young surgeons and attend the oration on 16-11-24 evening and make this event a memorable one.

**With warm regards**

**Dr Rajshekhar C Jaka**  
**President**

## ***Congratulations***



**Dr. Shivaram H V** elected as Executive committee member of ASI 2025-2027 (KARNATAKA) in ASI Election 2024



## Message from Honorary Secretary...

**Greetings from SSBASICC Golden Jubilee Year 2024,**

**Dear SSB Members,**

It's a great honor to be serving our society as Honorary Secretary for the Golden Jubilee year 2024. Our society has guided me to develop my surgical skills since my PG days. Our endeavor is to add value to the academic and social activities of the society and build a good platform for young surgeons to develop surgical skills.

Participation of every member of society is important for the success of any programme.

As a part of Golden jubilee celebrations, SSBASICC participated in Fellowship Workshop in Advanced Laparoscopic Surgery (FALS) in association with IAGES on 20th to 22nd September at Hotel Capitol. It was a successful programme.

SSBASICC participated as accademic partner in 37th National Surgical Oncology Conference NATCON 2024 from 26th to 29th September at Clark's Exotica resort. It was a wonderful academic feast for surgeons.

We have upcoming Prof B Hanumaiah National CSEP programme 2024 on November 10th to 15th. I Request all HODs to encourage all PGs to participate in the programme and get the benefit of the academic event

We have organised Orations following CSEP programme, they are Prof B Hamumaiah Memorial Oration and Authikeshavulu oration on 16th November at Capitol Hotel.



I Request each and every member of society to participate and to make it a grand event.

I request each member of society and heads of institutions to encourage postgraduates and junior surgeons to participate regularly in academic activities.

Please feel free to get in touch with us, if there in suggestions for the betterment of society activities.

Wishing all the best to E-Sushrutha newsletter team under the aegis of Dr Anupama Pujar K, Dr Niranjana P, Dr Nishantha L and Dr Kapil Kishore

Happy Golden jubilee year 2024!

**DR MUNIREDDY M V**

**Hon Secretary - SSBASICC**



## FIAGES and FALS Hernia by IAGES with Academic Partner SSBASICC from 20th to 22nd SEPT 2024

**FIAGES** – Fellow of IAGES (Essential Laparoscopic Surgery) and **FALS – HERNIA** – Fellowship of advanced laparoscopic surgery. was conducted by **IAGES with SSBASICC as academic partner**. The fellowship course included Live Operative workshop which was streamed from Saphthagiri Institute of Medical Sciences and The Cadaveric workshop was conducted at Ramaiah Advanced Learning Center. The course Venue was the Grand Ball Room in The Capitol Hotel, Bengaluru from 20-22th September 2024. . More than 350 participants from across the country participated.

The event was inaugurated by Dr Jayanthi , vice-chancellor, Saphthagiri NPS University. SSBASICC President Dr Rajshekhar Jaka and Honorary Secretary Dr Munireddy Presided over the function and they were felicitated.

SSBASICC Members actively participated and organised the event under the leadership of Dr. M G Bhat as organising Chairman and Dr Kalaivani V and Dr Ganesh Shenoy as Organising Secretaries

Dr C S Rajan Organized a surgical Quiz 'HERNIAKET', which was well appreciated. Many SSB Members were Speakers, Panelists and Chairpersons for the event





# National conference of Indian Association of Surgical Oncologists NATCON 2024 With SSBASICC held on 26 – 29 September 2024

SSBASICC was the academic partner in the National conference of Indian Association of Surgical Oncologists- NATCON 2024, held at Clarks Exotica, Bengaluru from 26-29th September 2024. The event included a One day workshop and a 3 day conference. More than 1250 participants from across country participated.





## Monthly Clinical Meetings ...BMC and KIMS







## Best Paper September...

**Dr. Abhiram M Gogi**

**Bangalore Medical College and Research Institute**

**Title- A randomised controlled study to visualise improvement in mucosal visibility during upper gastrointestinal endoscopy after premedication with a combination of simethicone and n-acetyl cysteine**



### Introduction:

Esophagogastroduodenoscopy is the most commonly performed endoscopic procedure. Endoscopic diagnosis of early gastric cancer is difficult as it often shows only subtle changes on endoscopic examination and requires good endoscopic technique. Premedication with simethicone and pronase or N-acetylcysteine reduces surface tension, surface viscosity and hydrophobicity at the mucosal surface which disperses the air bubbles. N acetyl cysteine, a mucolytic drug, works by breaking down the disulfide bonds in mucus proteins, which reduces mucus viscosity and makes it easier to clear.

### Aims and Objectives:

To assess the improvement in mucosal visualization in upper GI endoscopy after premedication with a combination of simethicone and N- acetyl cysteine using a novel specifically designed scoring system.

### Materials and methods:

The Sample size was 100 and this study was conducted at the Department of General Surgery, Victoria Hospital, Bengaluru during the period December 2023 to April 2024. This was a randomized controlled study.

### Results

Statistically significant difference was noted in mucosal visibility score between groups. Overall score was better in the premedicated group. The mouth to clear time was noted to be significantly reduced in the case group ( $2.34 + 0.468$ ) as compared to the control group ( $3.77+0.72$ ) with a p value  $<0.0001$  as well as in the mouth (in) to mouth (out) time in the case and control group. There were no adverse events reported in any of the cases.

### Conclusion:

Premedication with simethicone and NAC resulted in better mucosal visibility and improved diagnostic yield.





## Best poster-September

Dr Vinutha S R

Bangalore Medical College and Research Institute



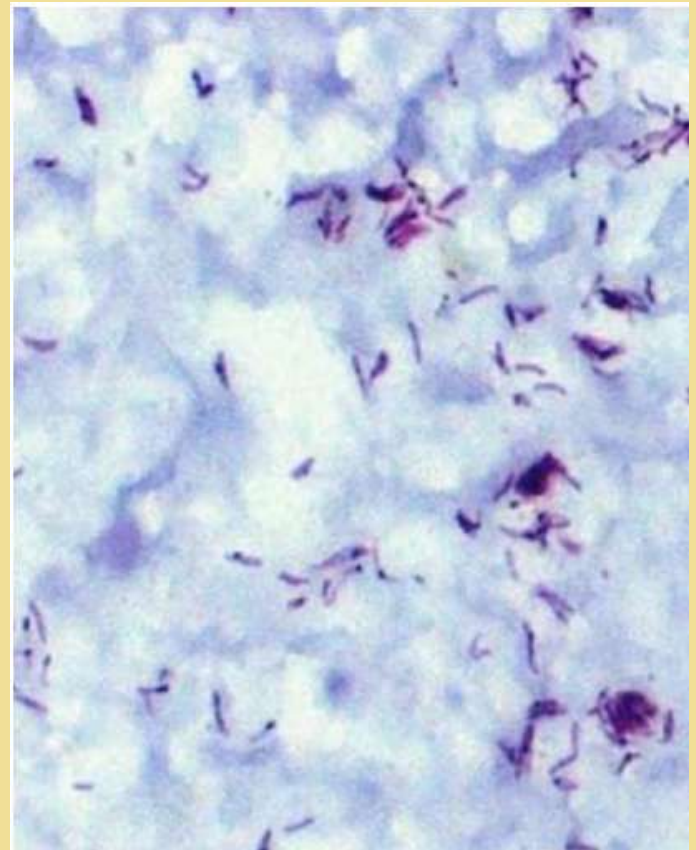
### Title-A Rare case of Breast Tuberculosis

#### Case Report:

21-year-old female presented with complaints of breast pain for 3 weeks and lump in the breast in the last 2 weeks

#### Investigation:

Ultrasound, Pus culture and sensitivity, Zn stain and CBNAAT was performed in sequence



#### Discussion:

Mycobacterium tuberculosis is one of the causes for breast abscess which can present as a lump. Hence, when treating breast abscess Tuberculosis of the breast should be kept in mind

#### Conclusion:

Tuberculosis of breast is uncommon even in countries where TB is endemic and hence high index of suspicion is necessary while diagnosing such cases

#### Treatment

Initially the pus was aspirated under USG guidance and sent for pus culture. It revealed no growth and after 2 weeks sent for ZN stain and CBNAAT which showed mycobacterium tuberculosis and then the patient was started on ATT



## Best Paper October ...

Dr. Bhoomika R

Kempegowda institute of medical sciences



### Title-Streamlining diagnosis - appendicitis inflammatory response score in right iliac fossa pain

#### Introduction:

Acute appendicitis continues to be the most common surgical problem till date and its diagnosis in this era of advanced innovation still remains to be on lock horns, resulting in the high rates of negative appendectomy. In this perplexed dilemma the designed scoring systems have been forwarded to aid the clinical accuracy in patients for suspicious appendicitis

#### Aims and Objectives:

To validate appendicitis inflammatory response score (AIR) in patients with suspicion of acute appendicitis

##### Objectives

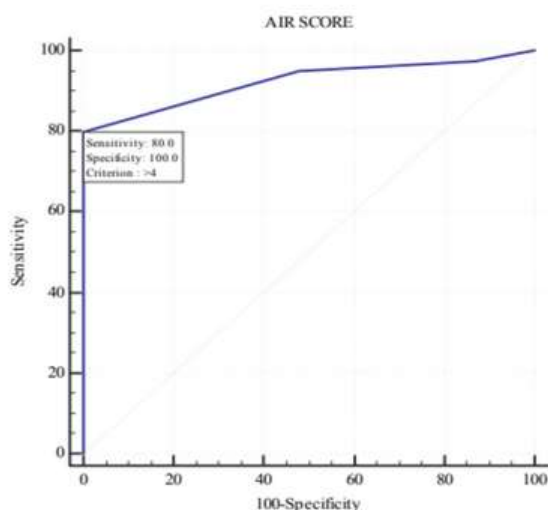
1. To determine the validity of the AIR score in differentiating simple and complicated appendicitis.
2. To determine the ability of the AIR scoring system in detecting patients without acute appendicitis presenting with right lower quadrant pain.

#### Methodology:

1. All patients over 18 years of age with lower abdominal pain of less than 5 days duration were included
2. Basic demographic details, symptoms and AIR score parameters were recorded at time of admission whereas use of diagnostic imaging, surgical intervention and discharge diagnosis were recorded at time of discharge.
3. The AIR score sum defines 3 groups: low probability (<5 points), medium probability (5-8 points), high probability (> 8 points)
4. All removed appendices were sent for HPE and classified based on findings as complicated and uncomplicated
5. Outcomes of study: ability of score to detect patients with appendicitis, its efficacy in identifying complicated and uncomplicated appendicitis and diagnostic accuracy were assessed and summarised as percentages

#### Results:

It was noted that the score in predicting appendicitis was : 80% sensitive, 100% specific and in predicting complicated appendicitis : 85.71% sensitive, 96.15% specific



#### Conclusion:

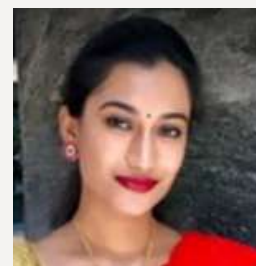
AIR system having variables of CRP and WBC has high diagnostic accuracy  
AIRs can safely protect the health care resource by avoiding unnecessary hospitalization, investigations and interventions



## Best Poster October ...

**Dr. Deeksha S Pavithra**

**Kempegowda institute of medical sciences and research Center**



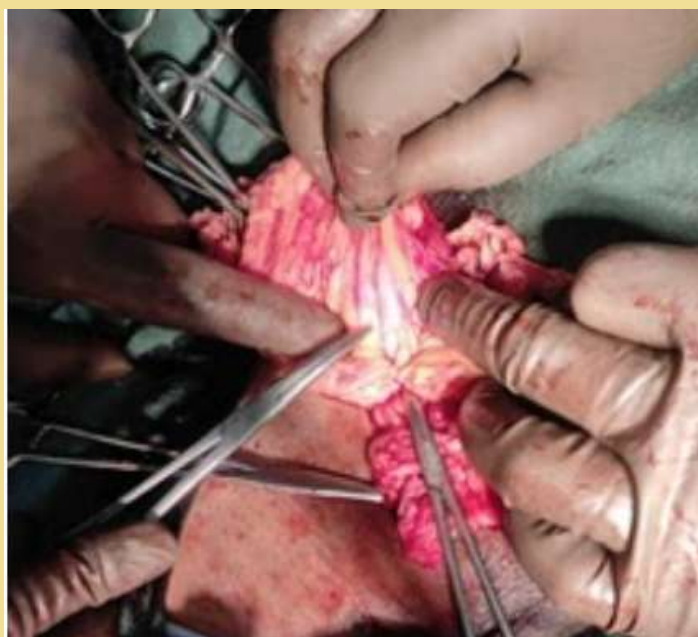
### Title-Amyand's Hernia-A rare presentation

#### Introduction and case report

Amyand's hernia- rare form of inguinal hernia in which vermiform appendix is located within the hernial sac. Seen in less than 1% of inguinal hernia. A 30 year old male presented with complaints of swelling in the right groin region since 2 years. There was history of previous surgery for left inguinal hernia 8 years back.

#### Investigation

- USG-Abdomen and pelvis revealed a right inguinal hernia with herniation of omentum with a defect measuring 1.8cms.



#### Treatment :

Right Lichtenstein Tension Free Mesh Hernioplasty was done where appendix was the content. Appendectomy was not done as the appendix was not inflamed.

#### Discussion

The term Amyand's Hernia refers to hernia containing appendix, which maybe normal or inflamed. Because of the rarity of the condition, the term Amyand's Hernia been recently adopted as an eponymous description of an incarcerated appendix within an inguinal hernia.

Type of hernia	Status of inguinal hernia	Surgical management
Type 1	Normal appendix	Reduction or appendectomy (depending on age), mesh hernioplasty
Type 2	Acute appendicitis with no abdominal sepsis	Appendectomy, primary no prosthetics hernia repair
Type 3	Acute appendicitis with abdominal and abdominal wall sepsis	Laparotomy, appendectomy, and primary no prosthetic hernia repair
Type 4	Acute appendicitis with abdominal concomitant pathology	Laparotomy, appendectomy, primary no prosthetic hernia repair, and management of concomitant disease

#### Conclusion

Amyand's hernia is a diagnostic challenge due to its low incidence, indistinct clinical presentation, and ambiguous appearance on imaging such as CT scan.

Surgery is therefore frequently diagnostic as well as therapeutic.

If the appendix is not inflamed, removal is not always necessary.

Due to the rarity of Amyand's Hernia, and wide variance of its presentation, each case study and review article brings new and useful information to light regarding its treatment and diagnosis.



## From Scalpel to Strategy: Dr. Nandakumar Jairam's inspiring Journey to Healthcare Entrepreneurship



**Dr Nandakumar Jairam**  
**MBBS, MS (Gen surg)**

### Current positions

- Independent Health care advisor for a number of health care related organizations
- Board member of VST tractors and tillers
- President for the RBANMS trust
- Serves on the Board of Aditya Birla Health insurance co ltd
- President of GAPIO
- Inducted on the Board of Portea

### Awards and achievements

- FRCS in 2017,
- Health care personality of India by FICCI in 2017
- Life time achievement award by ALERT in 2019.
- Health care award of Medgate 2021
- Life time achievement award of FICCI in healthcare 2021
- Led the delegation of health professionals as its chairman, to England under the Indo UK partnership treaty
- Responsible for the development of the self-help group for Ostomy patients
- Founder of Krishna charitable trust



## From Scalpel to Strategy: Dr. Nandakumar Jairam

### Past positions

#### As administrator

- Chairman, CEO and Group Medical Director for Columbia Asia Hospitals in India
- Chairman for Medica Synergie group of hospitals
- Chairman of the NABH under the auspices of QCI (Quality Council of India),
- Chairman of the health services committee of FICCI.
- Member of the health insurance forum of IRDA and FICCI
- Founder member of NATHEALTH and Secretary of GAPIO
- Founder trustee for Terry Fox foundation Bangalore
- Secretary of a charitable hospital, The Dhanavanthri Hospital between 1997 and 2000.
- Inspector for the National Board
- Vice President of Ostomates, India until 2007
- Chairman, Health CII institute of quality from 1999 for a period of two years.
- Medical director of Mallya Hospital, Bangalore 1996 to 1998
- Member of the board for Columbia Pacific communities

#### As Surgeon

- Consultant Colorectal and General Surgery for Columbia Asia.
- Lecturer, Assistant professor, associate professor, Professor and head of Surgery and Member of the Board of administration of SJMCH. (1980 and 1994)

### Sir could you please shed some light about your parents and family

I come from family of surgeons, my father was first person to start the Department of Urology, in the state of Karnataka. He, was the Professor and Head of the Department of Surgery and Vice Dean of Bangalore Medical College.

My grand uncle was Dr T Seshachalam who discovered the accessory appendicular artery and whose name was there in Bailey and Love for many years. So, I am the third generation surgeon and fourth generation doctor in the family. My mother was a home maker and she was instrumental in bringing me up and ensuring that my time was appropriately spent with mixture of studies, games, and entertainment. My father was quite illustrious in his carrier, that is what prompted me to take up surgery.

### How were your school days?

I studied at Bishop Cotton Boys School, Bangalore. I was a very shy and reserved student throughout my school, I found it difficult to interact and was a pessimistic person. During school I was not a studious person, did not do well till 6th standard. But in 6th standard there was a teacher called Mrs Menace, who influenced me and changed my perception and gave me a direction and after that I was either first or second in the class throughout my career. So, I owe lot to my teachers and Mrs Menace in particular.

I was a gymnast. I participated in gymnastics at the Karnataka state sports association gymnastics. I got trained and participated at state level gymnastics and got third place.



## From Scalpel to Strategy: Dr. Nandakumar Jairam

### Why did you choose medicine and that too surgery in particular?

From the time I was small, my mother used to tell that I used to scribble on a piece of paper as a prescription. I think it was ingrained in me that I should become doctor. I must say that my father was an illustrious person, very popular in his college and amongst his patients. So that has certainly influenced me to take up medicine. In my days there were not many options, The only option was to become doctor, engineer, or a lawyer. Other professions did not exist. And certainly, I did not have any mind to do law or engineering.

### Could you please share any interesting incidents which had lifelong impact on you?

In St Johns there was an incident which left a lasting impression on me. The Dean of St Johns Medical College called me and mentioned that I am riding on my father's wave of being illustrious, and by myself have not achieved anything. This was a wrong way of telling me that I should buck up and pull up my socks. This happened when I was junior surgeon in St Johns as a Tutor. From that day onwards I took that as a challenge and decided that I should become as good as my father and if possible, to exceed from what my father has achieved. That spurred me into different level and got me to do better and accomplish.

I studied in National college for PUC. Prof H Narasimhaiah who was a freedom fighter, was principal there. He taught integrity, honesty, and other principles of Gandhian Philosophy.



### Mentors in Field of surgery

- **My Father** was my first mentor. He was also professor of Urology when I was in medical college. So, I was taught by him, I have assisted him. He guided me in the initial phase of learning as a surgeon. I would discuss surgery with him both in operating room and on the dining table. So, he influenced my career a lot. I picked from my father not only surgical craft but also being empathetic, committed, being considerate towards patients
- **Dr C Vittal** who was Prof in BMC – he was a surgeon of par excellence. His dissection and demonstration of anatomy was fantastic.
- **Dr Joseph Antony** Consultant surgeon and Professor of Surgery at St Johns– would demonstrate anatomy very well



## From Scalpel to Strategy: Dr. Nandakumar Jairam

### Do u have any particular surgeries which you enjoyed performing?

I enjoyed Reconstructive anal surgeries. I picked up these in St. Mark's Hospital in London and later in Mayo College in US where I visited. I learnt the art of reconstructive anal surgeries and I should say that I am quite proficient in reconstructing anal sphincter and re-establishing continence.

### Why did this particular surgery catch your attention?

Because this was very difficult situation for the patient, they had to live with a colostomy. Many of them were uncomfortable. Very few people ventured in this territory because many felt that nothing could be done. So, I enjoyed demonstrating anatomy there, watching the success of the procedure and very few surgeons who could do this procedure at that time. This gave me a lot of happiness.

In same area complex fistula in ano is one more of my favourite surgery. Anal canal surgeries interested me a lot.

### Favourite food

I am a foodie. I enjoy eating good food. I like to experiment with new cuisine. If a Mediterranean restaurant opens in Bangalore, I am the first person to try and reach there



### Favourite books

I do not read much. I consider that as one of the drawbacks, I find it difficult to concentrate on reading.

### Extracurricular activities

I also chose to be healthy; I go to gym even now four to five days a week. I play golf. I used to swim. I listen to music occasionally. I Enjoy music ranging from south Indian classical music to english songs. I watch cricket.

### If not a surgeon what else you would have been?

I used to act on stage. Even though I was shy in school, I used to be a different person on stage. I used to perform in school, college and even in St Johns. After that I have done english plays on stage. So if you ask me if not a surgeon, I would have been an actor. I would have been fit to be a comedian if not a hero.





## From Scalpel to Strategy: Dr. Nandakumar Jairam

### Could you please elaborate on "Anastomose"

"Anastomose" as all of us know means to join. This company links people who are in search of a career change with hospital. It has learning and development opportunities for doctors and nurses and other healthcare professionals in various ways. Its technology driven. It has an App and a Website. People can navigate and they can choose what they like. It caters not only to doctors but also to the medical students. There are opportunities to learn through our website. But main thing is that the website links health professionals to jobs both permanent and temporary. Because Locum jobs have become quite a popular concept in India now. It gives you the opportunity to find jobs of your satisfaction.

### How did this idea come up?

Two of us have joined hands to establish this. The decision was based on our identification of the need. I was part of Columbia Asia Hospitals as CEO and Chairman for many years. During that time, I realised that there is skill gap. There are few doctors in some specialities and positions were many. But even those positions were not always available or not known to applicant. So, I thought that the best is to link the people.



### What do you think is the key to success?

- Identifying your goal
- Consistently working and striving to reach that goal
- Nothing is impossible. If you want to achieve something, you can. So, determination is the last word that I would use to explain how one can be successful
- And, goals in life keep moving. For example, in my career I wanted to be Prof and Head of the Department of surgery in St Johns. That was my aspiration. I reached that goal even before I was forty years old. And I could not see myself doing same thing in next 20 to 30 years. So, I changed the goal and decided to move into healthcare quality and administration. That is what led me to join Columbia Asia Hospital and lead the organisation for 17 years, where I benefitted and enjoyed my time as an administrator.



## From Scalpel to Strategy: Dr. Nandakumar Jairam

### How do you look at the surgical field these days?

I like to mention that I have two sons. The elder one is a surgeon himself, trained in United states of America and he is back now working in Bangalore. I realised a lot has changed in terms of surgical skills and capability. The important point is that senior surgeons must learn to let go and allow youngsters to prove themselves rather than hang on to positions and procedures in a manner that are outdated and not best for the patient. I respect the way surgery has evolved and progressed year after the year. I have heard stories from my father. So, progress in surgery is constant and they never end. So, its important for us to imbibe change as we move on.

### Your advise to young surgeons

Work hard, be committed

Do not chase money, money will find you if you do your work well

### Any regrets in life?

There are times when I could have done things differently. I have hurt certain people in my life and I regret that, but what I feel is that you have to try to not get into the rut of wallowing in self-pity. Instead finding solutions will help you move on. We must try and correct any mistakes that we have made to the extent possible

## ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಶುಭಾಶಯಗಳು

- The Halmidi inscription (in Belur taluk, Hassan District) is the earliest Kannada inscription, dated 450 A.D
- The Anaji (Davangere District) inscription which belongs to about 5th century A.D. contains a metrical passage in Kannada which could probably be the first line of Kannada verse
- The kappe arabahatta inscription of Badami dated 7th century A.D. is in tripadi style,
- Kavirajamarga, written or compiled by Srivijaya, the court poet of the Rashtrakuta king Nripatunga (808 - 880 A.D.) is the first available work in Kannada literature



## “ಮಾಸ್ತಿ ಕನ್ನಡದ ಆಸ್ತಿ”

“ಜ್ಞಾನಪೀಠ ಪ್ರಶಸ್ತಿ” ಪುರಸ್ಕೃತ - ಮಾಸ್ತಿ ವೆಂಕಟೇಶ ಅಯ್ಯಂಗಾರ್

### The ‘Masti’ I knew



**Author-Dr Lakshman K  
Consultant Surgeon,  
Bangalore**

I was fortunate to be born in Masti Venkatesha Iyengar's family. I am his fifth daughter's son. I also had the good fortune of spending two years of my middle school life in his house. My parents sent me to live with him, as his house in Gavipuram was close to National Middle School.

I am going to share some of the aspects of life with Masti and the many members of his family who lived with him. He is a literary giant - the world knows this. I have read most of his literary works. But I am not a literary person and I am not going to write about his work as a writer

The earliest impression I had of masti was that he was a 'strict' person. Most of us youngsters in the house kept a respectable distance from him. This trend was perpetuated by my aunts, his daughters, who would tell us off if we spoke anything in his presence. We were supposed to be prim and proper, which essentially meant that we made no noise - not even talking! Those days, I related much more to my grandmother, Mrs. Pankajamma, Masti's wife. I found her to be a very warm, affectionate, friendly and doting grandmother. My memory of her is so profoundly positive that I named my daughter, Pankaja!



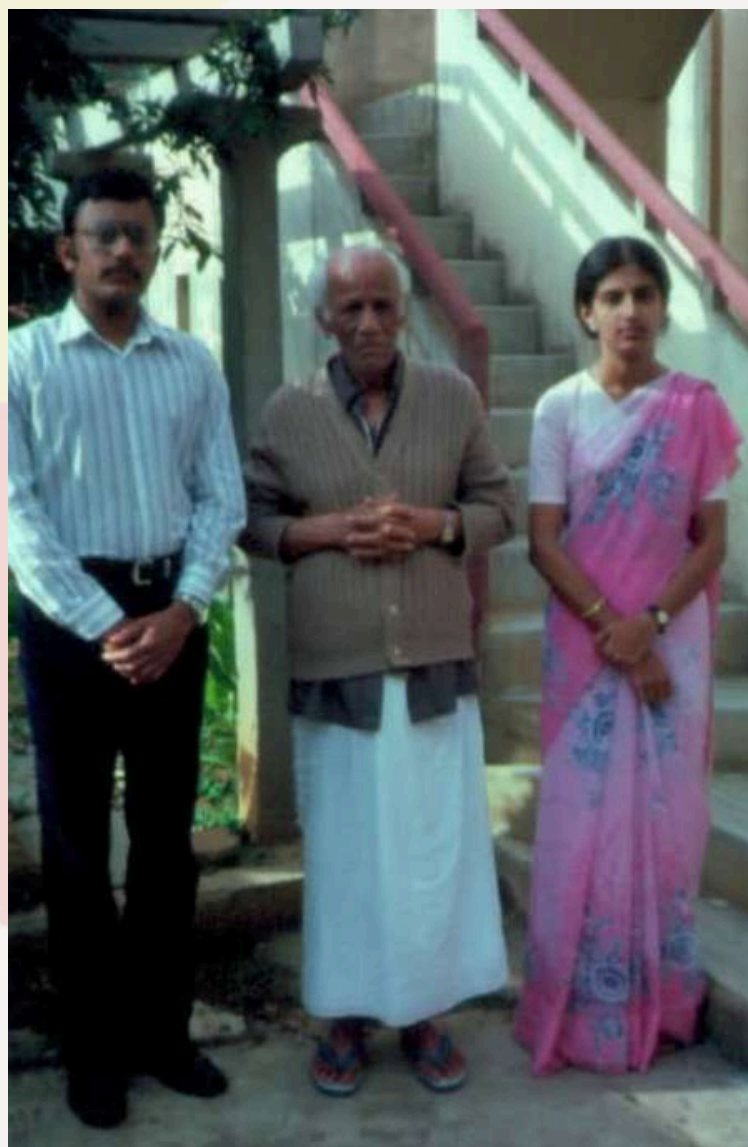
## The 'Masti' I knew

As years passed by, by the time I reached college, I realised that the initial impression we had of Masti was very wrong. He was indeed a very warm and affectionate person. He was ready to spend time with us, talk to us and made sure we were well fed and watered whenever we went to his house

I learnt a lot about him during my interactions with him. These interactions were always pleasant and cordial. I cannot remember a single time where I have been reprimanded by him. Surely, this must be because of his profound tolerant nature. I learnt a lot more by reading his autobiography called 'Bhava'. It came out in 3 volumes, I read the whole book when they came back from the printer and before the book was bound. Here is a small primer for those who do not know how a book was printed those days. Type setting was done in a conventional press. One large sheet of paper would have 16 pages of the book in it. These were called 'forms'. These printed sheets - forms - would come one after another every 2-3 days. This was because Masti published his books himself under the banner of 'Jeevana Karyalaya'. Our job in the house was to fold the forms in a particular set manner. These folded 'forms' would go to the binder, who would then cut into pages, stitch them up and bind them. While folding the forms, I finished reading them as well.

This book made me understand Masti and increased my respect for him several fold. It also had a tremendous effect on my life. The ideals and ethics he followed were phenomenal.

His childhood was not easy. He was from a poor family. They had difficulty having two meals a day. Under those difficult circumstances, he had to swallow insults from some people. He ignored the insults and excelled in his studies. He always saw the positives in his life. He records with gratitude, the help he received from his uncle and a few of his teachers. I learnt from him that gratitude and being thankful for what we receive is the basis of happiness.



**Dr Lakshman K and his wife with Masti - soon after their wedding -1982**



## The 'Masti' I knew

He was a deep believer in God. He firmly believed that whatever happens in life, it is for the good. God has a plan that we know nothing about. Whatever he does is for the good. This helped him face major reverses in his life with equanimity. He lost his job at the prime of his career as a civil servant. More about this later. He lost his wife at her relatively young age of sixty four. He lost his daughter and his granddaughter. While the whole house was in gloom he would gently pace about in the house chanting 'Srinivasa-Srinivasa' bringing about a calmness in the house.

His younger days in penury made him very sensitive to poverty. He went out of the way to help people. His attitude was so infectious that all of us youngsters in the family have made it a point to help the less privileged in society. He stretched his income to help a lot of people at the cost of personal hardship. He has also recounted the greatness of 'ordinary' people he came across in his books 'Archana' And 'Poojana'. Just by living it, he showed us that pursuit of accumulating wealth is futile.

He discharged his duties by educating his daughters, getting them married and during and after that he had scores of relatives and friends living in his house, being supported with food and shelter until they completed their studies and took up employment

All these students living in that house were treated with great respect and affection. His direction in this regard was followed by all members of his family. It must be pointed out that Masti's house had no place for discrimination based on caste or creed

His helping nature went well beyond his house. A cobbler used to frequent the house. Masti knew that he had come for help. Masti did not want to insult the cobbler with alms. Instead he would give the cobbler a perfectly normal pair of slippers, asking him to check if the slippers were normal. The cobbler would put a couple of stitches to 'strengthen' the straps, take his 'earning' and leave.

His career as a civil servant was exemplary. There are many instances of the public good he did as a government official. He has shared several instances of his career in 'Bhava'. What comes through is his total honesty, compassion, diligence and being as 'clean' as one can be. He was the deputy commissioner at Chikmagalur when my parents got married. While he was beyond any kind of 'bribery' in office, many contractors and businessmen who were invited to the wedding saw it as an opportunity to give big gifts to my mother and 'influence' Masti!. My mother recounted this to all of us in detail. Masti had a brilliant plan. He could not have my mother accepting these gifts and at the same time he could not insult these prominent members of society. So, he told my mother to just touch the gifts offered, say Namaste, and send them on their way!!



## The 'Masti' I knew

Earlier, I mentioned about Masti losing his job. This phase in his life is well described in a very matter of fact fashion in 'Bhava'. He was superseded in his work at the highest level. He was to rightly become the Dewan. It was given to someone else who had a better 'influence' with the powers that be. Masti could have continued in his job. He had many years of service left. His job was a well paying one. But he decided to quit on a matter of principle. He describes how he comes home and tells his wife about the decision and asks her if she can tighten the purse strings and accept a definite lowering in the standard of living. She readily agrees and he puts in his papers. How many of us can claim to have this degree of commitment to the righteous path? .

After his passing, Masti Prashast was instituted by his family and some of his friends to honour prominent Kannada literary luminaries. This happened each year for many years. Every time, while Masti's literary achievements were talked about, what was highlighted was his humanism. Many speakers recounted how they were personally helped both in their literary journey and in their life's journey. They pointed out how there was not a trace of jealousy or competitiveness on Masti's part. On the contrary he encouraged them, supported them financially and gave good references for them to come up in life.

Masti's life was truly an exemplary one. I wish all of us had the capacity to live life like he did. I end with the same sentence I started with. I was fortunate to be born in Masti Venkatesha Iyengar's family. I am truly grateful for that.



**Masti with Dr K Lakshman Father- around 1980**



## ನಮ್ಮ ಹಿರಿಮೆ

ಸ್ನೇಹಿತರೆ ಮೈಸೂರು ಎಂದೇ ಗುರುತಿಸಲ್ಪಟ್ಟು, ನಂತರ ಕರ್ನಾಟಕ ಎಂದು ಕರೆಯಲ್ಪಟ್ಟ ನಮ್ಮ ಕರುನಾಡು ಎಂದೆಂದಿಗೂ ಕನ್ನಡಿಗರ ನಮ್ಮಿಯ ಬೀಡು. ಸಿರಿಗಂಧದ ನಾಡು, ರೇಷ್ಮೆ ಚಿನ್ನ, ಕಾಫಿ ಉತ್ಪನ್ನಗಳ ತವರೂರು. ಕ್ರಾಂತಿವೀರ ಸಂಗೊಳ್ಳಿ ರಾಯಣ್ಣ , ಕಿತ್ತೂರು ರಾಣಿ ಚೆನ್ನಮ್ಮ ಅವರಂತಹ ಎಷ್ಟೋ ವೀರ ಯೋಧರನ್ನು ಹೆತ್ತು ಭಾರತಾಂಬೆಯ ಋಣ ತೀರಿಸಲಿಕ್ಕೆ ಅವಳ ಮಡಿಲಿಗಿಟ್ಟ ಹೆಮ್ಮೆಯ ನೆಲ. ಕದಂಬ ಚಾಲುಕ್ಯ ರಾಷ್ಟ್ರಕೂಟ ಸಾಮ್ರಾಜ್ಯಗಳಿಂದ ಯಾದವ ಹೊಯ್ಸಳ ವಿಜಯನಗರದ ಸಾಮ್ರಾಜ್ಯಗಳವರೆಗೂ ಹಂತ ಹಂತವಾಗಿ ಐತಿಹಾಸಿಕವಾಗಿ ನಿರ್ಮಾಣಗೊಂಡ ಚೆಲುವ ನಾಡು ನಮ್ಮ ನೆಚ್ಚಿನ ಕರ್ನಾಟಕ .

ಭಾರತದ ಪರಂಪರೆಗೆ ಕರ್ನಾಟಕದ ಕೊಡುಗೆ ಬಹಳ ಐತಿಹಾಸಿಕ. ಬಾದಾಮಿ, ಪಟ್ಟದಕಲ್ಲು, ಐಹೊಳೆ, ಬೇಲೂರು, ಹಳೇಬೀಡು, ಹಂಪಿ, ಮೈಸೂರಿನ ಅರಮನೆ, ಶ್ರವಣಬೆಳಗೊಳ ಇಂತಹ ಇನ್ನು ಹಲವಾರು ಪ್ರಮುಖ ಐತಿಹಾಸಿಕ ಪ್ರವಾಸಿ ತಾಣಗಳು, ಸಾವಿರಾರು ಪುರಾತನ ದೇವಾಲಯಗಳು ನಮ್ಮ ಹಿಂದಿನ ತಲೆಮಾರುಗಳ ಗುಟ್ಟುಗಳನ್ನು ಸಾರಿ ಹೇಳಿವೆ.

ಪುರಾತನ, ಸನಾತನ, ಸಾಂಸ್ಕೃತಿಕ, ಸಾಮಾಜಿಕ, ಕೃಷಿ, ವಿಜ್ಞಾನ ,ತಂತ್ರಜ್ಞಾನ, ಕಲೆ, ಸಂಗೀತ, ನಾಟ್ಯ, ಕರಕುಶಲ ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲೂ ಕನ್ನಡಿಗರು ದಾಪುಗಾಲಿನ ಸಾಧನೆ ಮಾಡಿದ್ದಾರೆ .

ಭಾರತದ ರಾಷ್ಟ್ರದ್ವಜಕ್ಕೆ ಕರ್ನಾಟಕದ ಖಾದಿಯ ಪ್ರಾಮುಖ್ಯತೆ , ಚುನಾವಣೆಯಲ್ಲಿ ಮತಚಲಾಯಿಸಿದ ನಂತರ ಹಚ್ಚುವ ನೀಲಿಯ ಶಾಯಿ , ಚಳಿಯಲ್ಲಿ ಕುಡಿಯುವ ಕಾಫಿ, ಆ ಕಾಫೀ ಕುಡಿಯುವ ಸಮಯದಲ್ಲಿ ಕಿವಿಗೆ ಬೀಳುವ ಇಂಪಾದ ಸಂಗೀತ ....ಯಾವ ವಿಷಯ ಮಾತಾಡಿದರು ಅದರಲ್ಲಿ ಭಾಗಶಃ ಕನ್ನಡದ ಕಂಪು ಇದ್ದೇ ಇರುತ್ತದೆ

ಕುಮಾರವ್ಯಾಸ, ಪಂಪ, ರನ್ನ, ಬಸವಣ್ಣ , ಅಕ್ಕ ಮಹಾದೇವಿ, ಪುರಂದರ ದಾಸ , ಕನಕ ದಾಸ ರಚನಕಾರರಿಂದ ಹಿಡಿದು ಕನ್ನಡಕ್ಕೆ ಅತಿ ಹೆಚ್ಚು ಜ್ಞಾನಪೀಠ ತಂದು ಕೊಟ್ಟ ಸಾಹಿತಿ ಕವಿ ಕಣ್ಮಣಿಗಳ ಪಟ್ಟಿ ಇನ್ನೂ ಬೆಳೆಯುತ್ತಲೇ ಇದೆ .

ಮುದ್ದಾದ ಅಕ್ಷರಗಳಿಂದ ಕೂಡಿದ ನಮ್ಮ ಭಾಷೆಯು ರೂಪಾಯಿಯ ನೋಟಿನ ಮೇಲೆ ನಾಲ್ಕನೆಯ ಶ್ರೇಷ್ಠ ಸ್ಥಾನವನ್ನು ಪಡೆದಿರುವುದಷ್ಟೇ ಅಲ್ಲದೇ ಹಂಪಿಯ ಕಲ್ಲಿನ ರಥವನ್ನು ಸಹ ನಾವು ಅಲ್ಲಿ ಕಾಣಬಹುದು



• ಲೇಖಕಿ - **ಡಾ. ಚಂದ್ರಕಲಾ. ಸಿ ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರು ಬೆಂಗಳೂರು ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಸಂಶೋಧನ ಸಂಸ್ಥೆ**



ವೈವಿಧ್ಯಮಯ ಪ್ರಕೃತಿ, ಬಹುಭಾಷಾ ಜನಸ್ತೋಮ, ಸ್ವಾವಲಂಬಿತ ಆರ್ಥಿಕ ಸ್ಥಿತಿ ಉಳ್ಳ ನಮ್ಮ ಕರ್ನಾಟಕ ಅತಿ ಹೆಚ್ಚು ವಲಸಿಗರಿಗೆ ತವರೂರಾಗಿಬಿಟ್ಟಿದೆ. ಯಕ್ಷಗಾನ, ಕಂಸಾಳೆ, ಭರತನಾಟ್ಯ ಇತರೆ ಕಲೆಗಳ ಶಾಲೆಯಾಗಿದೆ ಈ ಬೀಡು .

ಸರ್ ಎಂ ವಿಶ್ವೇಶ್ವರಯ್ಯ , ಕೆಂಗಲ್ ಹನುಮಂತಯ್ಯರಂತಹ ಮೇಧಾವಿಗಳು ಕಟ್ಟಿದ ಬೀಡು ಈ ಕರುನಾಡು. ವಿಶ್ವಸುಂದರಿಯರು , ಸಮಾಜ ಸೇವಕರು, ವೈದ್ಯರು , ಕ್ರೀಡಾ ಪಟುಗಳು, ಕಲಾವಿದರು ...ಅಬ್ಬಬ್ಬಾ ಪಟ್ಟಿ ಮುಗಿಯದೆ ಉಳಿಯಿತು ...

ಸ್ವಚ್ಛಂದವೆನಿಸಿಕೊಂಡ ಮೈಸೂರು , ಹವಾ ನಿಯಂತ್ರಿತವಾದ ಬೆಂಗಳೂರು , ರೇಷ್ಮೆಯ ಗೂಡು ರಾಮನಗರ , ಬೊಂಬೆಯ ತವರಾದ ಚನ್ನಪಟ್ಟಣ , ಕೃಷಿಕರ ಊರು ಮಂಡ್ಯ , ವೀರರ ಕೊಡುವ ಕೊಡಗು , ಕಾಫಿ ಬೆಳೆವ ಚಿಕ್ಕಮಗಳೂರು , ಚಿನ್ನದ ಗಣಿಯಾದ ಕೋಲಾರ...ಕರ್ನಾಟಕದ ಪ್ರತಿಯೊಂದು ಜಿಲ್ಲೆ ಮತ್ತು ನಗರವು ಸಹ ತನ್ನದೇ ಆದ ವೈಶಿಷ್ಟ್ಯತೆ ಹೊಂದಿದೆ

ಒಟ್ಟಿನಲ್ಲಿ ಕರುನಾಡಿನಲ್ಲಿ ಹುಟ್ಟಿದ ನಾವೇ ಧನ್ಯ. ಇಲ್ಲಿಯ ಪರಂಪರೆ ವರ್ಣಿಸಲು ಶಬ್ದಗಳು ಸಾಲದು ...ನಮ್ಮ ಕರ್ನಾಟಕ ಮತ್ತು ನಮ್ಮ ಕನ್ನಡ ನಮ್ಮಯ ಹೆಮ್ಮೆ ....ಸಿರಿಗನ್ನಡಂ ಗೆಲ್ಲೆ ಸಿರಿಗನ್ನಡಂ ಬಾಳ್ಗೆ ಜೈ ಭುವನೇಶ್ವರಿ ತಾಯಿ.

**ಎಲ್ಲ ಕನ್ನಡ ಅಭಿಮಾನಿಗಳಿಗೂ ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವದ ಶುಭಾಶಯಗಳು**



## ಆಧುನಿಕತೆಯ ವಾಸ್ತವ

ಬೆಳಗಿದ್ದರೆ ಕಾಣಸಿಗದ  
ತಂದೆ ತಾಯಿ ಮುಖಗಳು .  
ಮರೀಚಿಕೆಯಾದ ಭಕ್ಷ್ಯ ಭೋಜನಗಳು ,  
ನಿತ್ಯ ಸ್ವಿಗ್ಗಿ ಝೋಮೇಟೋ ಹಾವಳಿಗಳು.....

ವರುಷದಿ ಒಂದೆರಡು ಬಾರಿ  
ಹೊಸ ಉಡುಪಿನ ಖರೀದಿಗಳು .  
ನೀಡುತ್ತಿತ್ತು ಸಂತೋಷದ ಕ್ಷಣಗಳು !!!  
ಈಗ ಮನ ಬಂದಾಗ ಆನ್ಲೈನ್ ಖರೀದಿಗಳು,  
ಮಾಸಿಹೋದ ನಲಿವಿನ ಬುಗ್ಗೆಗಳು.

ಹಗಲೆಲ್ಲ ಗೆಳೆಯರೊಡನೆ ಆಟ ಪಾಠ ,  
ಎಲ್ಲವೂ,ಬರಿ ಬಯಲಾಟ .  
ಸಂಜೆಯಾದರೆ ಮನೆ ಪಾಠ ??  
ಈಗಲೂ ಉಂಟು ತರಾವರಿಯ ಆಟ ,  
ಎಲ್ಲವೂ ಅಂಗೈಯಲ್ಲಿನ ಪರದೆಯ ಮೇಲಾಟ !!!  
ಆನ್ಲೈನ್ ನಲ್ಲಿ ಎಲ್ಲ ಆಟ ಪಾಠಗಳು!!

ಅರ್ಥವಿರದ ಬದುಕಿನಲಿ,  
ಬಂದು ಹೋಗುವ ಹಬ್ಬ,ಹರಿದಿನಗಳು....!  
ನೆಂಟರಿಷ್ಟರಿಲ್ಲದ ಆಚರಣೆಗಳು ,  
ಬಂಧು ಬಳಗವಿಲ್ಲದ ಸಮಾರಂಭಗಳು....

ಮಾಸಿಹೋದ ಸಂಬಂಧಗಳು ,  
ಪರಿಸ್ಥಿತಿ ಹದಗೆಟ್ಟಾಗ....ಚಾಚಿದ ಕೈಗಳಿಗೆ,  
ಸಿಗದ ಸಮಾಧಾನದ ಸಾಂತ್ವನಗಳು....?  
ಗಟ್ಟಿಯಾಗಿ ನೆಲೆ ನಿಲ್ಲದ  
ಸ್ನೇಹ ಸಂಬಂಧಗಳು .  
ಯಾಂತ್ರಿಕ ಬದುಕಿನಲಿ  
ಸಂಬಂಧಗಳ ಉಳಿವಿಗಾಗಿ ,  
ಎಲ್ಲಿಹುದು ಸಮಯವಿಲ್ಲಿ...??

ನನ್ನದಲ್ಲದ ಊರಿನಲಿ,  
ನನ್ನವರಿಲ್ಲದ ಮನದಲಿ ,  
ಉರುಳುತಿವೆ ಅನಾಮಧೇಯ ದಿನಗಳು....!  
ಬಿಟ್ಟುಗೂಡು ಸೇರಬೇಕೆಂದರು  
ಬಿಟ್ಟರೂ ಬಿಡದ ಜವಾಬ್ದಾರಿಗಳು....!!



**ಕವಿ -ಡಾ || ಬಿ. ಎಸ್. ರಮೇಶ್.**  
**ಪ್ರಾಧ್ಯಾಪಕರು ಮತ್ತು ಪ್ರಾಂಶುಪಾಲರು**  
**ಡಾ. ಬಿ ಆರ್ ಅಂಬೇಡ್ಕರ್**  
**ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ**  
**ಬೆಂಗಳೂರು**







ದುಡ್ಡೆಂಬ ಕಾಗದದ ಕಂತೆ ಶೇಖರಿಸಲು ,  
ಸಮಾಜದಲ್ಲಿ ಕೀರ್ತಿ ಪತಾಕೆಯ ಹಾರಿಸಲು ,  
ಮರೆಯಾಗುತ್ತಿದೆ ನೀತಿ ನಿಯಮಗಳು  
ಮೆರೆಯುತ್ತಿವೆ ಸ್ವಾರ್ಥ ಅಧರ್ಮಗಳು ...!!

ಜಾಗತಿಕ ಇತಿಹಾಸದಲ್ಲಿ ನಡೆಯಿತು  
ಮಾಹಿತಿ ತಂತ್ರಜ್ಞಾನದ ಕ್ರಾಂತಿ ..!  
ಹೇಳಿದರು ಪ್ರಪಂಚ ಅಂಗೈಯಲಿ ..!!  
ವಿಪರ್ಯಾಸವೆಂದರೆ ??  
ಈಗ ಅಂಗೈಯೇ ಪ್ರಪಂಚ !!  
ಎಲ್ಲರು... ಮರೆಯವರು ಸಮಯ, ಸಂದರ್ಭ,ಹಾಗೂ ಸಂಬಂಧಗಳ ....  
ಎಲ್ಲೆಂದರಲ್ಲಿ  
ಮೈ ಮರೆಯವರು, ದಿಟ್ಟಿಸುತ್ತ ....  
ಹಾಗೂ ಕುಟ್ಟುತ್ತ,...ಪರದೆಗಳ ...!!

ಮಾನವನ ಆವಿಷ್ಕಾರಗಳು ....  
ಹಾರಿವೆ ಮುಗಿಲಿಗೆ ??  
ಮನುಜ ಸಂಬಂಧಗಳು ....  
ಸಾಗಿವೆ ವಿನಾಶದ ಅಂಚಿಗೆ ..!!  
ಇದರಡೆಯಲ್ಲಿ ಅಳಿಸುತ್ತಿವೆ  
ನೆನ್ನೆಯ ನೆನಪುಗಳು ,  
ನೆನಪುಗಳ ಮರೆಸಿ ಮೆರೆಯುತ್ತಿವೆ  
ನಾಳೆಯ ಕನಸುಗಳು...!!

ಸಾಗುತ್ತಿವೆ ಜೀವಂತಿಕೆಯಿರದ ಜೀವನ ,  
ಭಾವನೆಗಳು ಬತ್ತಿದೆ ದೈನಂದಿನ .  
ಇವೆಲ್ಲವ ಮೀರಿ ...???  
ನೀನಾಗು ಮಾನವ .....  
ಆಧುನಿಕತೆ ಎಂಬ ರಕ್ಕಸನ ಮುಷ್ಟಿಯಲ್ಲಿ ಸಿಕ್ಕಿ ,  
ಮರೆಯಾಗದಿರು,.....  
ಓ ಮಾನವ ....!!  
ನೀನಾಗದಿರು ಯಂತ್ರ ಮಾನವ ....??





## ಚಿಕ್ಕಿತ್ಸಕ

ಚಿಕ್ಕಿತ್ಸಕನಿವನು ಬಲ್ಲಿರಾ  
ಕನ್ನಡ ಕಂಪನು ಚೆಲ್ಲುವ ಈ ಚೆಲುವಾ

ನಾ ನಾ ದೇಶದ ರಾಜ್ಯಗಳಿದ್ದು  
ದೇಹದ ನಾ ನಾ ಭಾಗಕ್ಕೆ ಪೊರೆವವನಿದ್ದು  
ಅದು ಮಾತಲೆ ಉಣಬಡಿಸಿಹನು  
ಆಡುವ ಪರಿಯಲಿ ಬೆವರ ತಾ ಹರಿಸಿಹನು

ಎಲ್ಲಾ ಜಾಣ್ಮೆಗಳಲ್ಲಿ ತಾನೇ ಮೊದಲಾಗುವ  
ಸೇವೆಯ ಭಾಗ್ಯದಿ ತೊಡಗಿ ತೊಳಲಾಡುವ  
ಉತ್ತಮ ಗುರಿಗಳನ್ನು ಎತ್ತರದಲ್ಲಿ ಇರಿಸಿ  
ಹಾತೊರೆದೇ ಬರಿಸಿ ಇದ್ದುರಾಗಿಸುವವ

ಮುದುಕಗೂ ಮಗುವಿಗೂ ಹತ್ತಿರದವನು  
ಹೆಣ್ಣಿಗೂ ಬಾಲೆಗೂ ಅವಶ್ಯ ಸರಿತೋರಿಹನು  
ಇರುಳು ಹಗಲುಗಳ ಪರಿ ಮೀರಿಹನು  
ಮನುಜಕುಲಕ್ಕೆ ಎಣಿಕೆಯಿಲ್ಲದೆ ಅರ್ಪಿಸಿಕೊಂಡನು ಇವನು

ವೆಂಕೂ ತನಯ



ಡಾ. ಶ್ರೀನಿವಾಸಮೂರ್ತಿ  
ಹಿರಿಯ ಶಸ್ತ್ರ ಚಿಕ್ಕಿತ್ಸಕರು  
ಚಿರಾಗ್ ಆಸ್ಪತ್ರೆ  
ಬೆಂಗಳೂರು

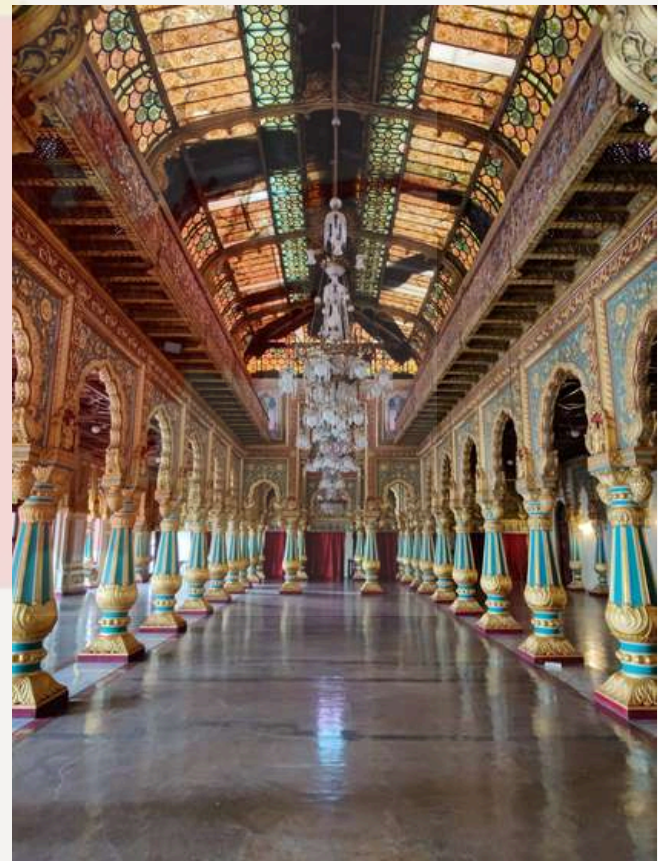




## Photography



by Dr Himagirish K Rao  
Professor of Surgery  
Chandramma Dayananda Sagar  
Institute of Medical Education and  
Research Center





## Photography





## Art Space



By-Dr Srinivas Yadav  
Post Graduate Student  
Sapthagiri Institute of Medical Sciences  
and Reseach center. Bengalore





## Art Space



**Hampi  
Chariot**



**Vittala Temple,  
Eastern Gopuram  
Hampi**



## ಕನ್ನಡ ನಾಡು

ನಡೆಯು ಒಂದೆ, ನುಡಿಯುಒಂದೆ  
ನಾವೆಲ್ಲರು ಒಂದೆ, ಕನ್ನಡ ನೆಲವೊಂದೆ

ಪಂಪ, ಪೊನ್ನ, ರನ್ನರು  
ನೆಲೆಸಿದ ನಾಡಿದು  
ಕುವೆಂಪು ಬೇಂದ್ರೆ ಮಾಸ್ತಿ, ಕಾರಂತರ  
ಕನಸಿನ ನಾಡಿದು

ವಚನಗಳ ಬೆಳಕಿನಲ್ಲಿ  
ದಾಸರ ಪದಗಳಲ್ಲಿ  
ದೈತ ಅದ್ವೈತಗಳ  
ಸಿದ್ಧಾಂತಗಳಲ್ಲಿ ಅರಳಿದ ನಾಡಿದು

ಕಿತ್ತೂರಿನ ರಾಣಿ ಚೆನ್ನಮ್ಮ  
ಬೆಳವಡಿ ಮಲ್ಲಮ್ಮ  
ಒನಕೆ ಓಬವ್ವ, ಸಂಗೊಳ್ಳಿ ರಾಯಣ್ಣ  
ಕಿಚ್ಚಿದೆಯ ಕಲಿಗಳ ಹೆಮ್ಮೆಯ ನಾಡಿದು

ಕಾವೇರಿಯು ಹರಿದು,  
ಮಹದಾಯಿ ಮೆರೆದು  
ಕೃಷ್ಣೆಯು ನಡೆದ  
ಅಮೃತದ ನಾಡಿದು

ಚಾಮುಂಡಿಯ ರಕ್ಷಣೆಯಲ್ಲಿ  
ಅನ್ನಪೂರ್ಣೆಯ ಆಶೀರ್ವಾದದಲ್ಲಿ  
ಮುಕಾಂಬಿಕೆಯ ಹರಕೆಯಲ್ಲಿ  
ಭಕ್ತಿ ಭಾವದ ಪುಣ್ಯಭೂಮಿಯಿದು

ನಾವೆಲ್ಲರು ಒಂದೆ  
ಕನ್ನಡಾಂಬಿಯ ದನಿ ಒಂದೆ  
ಬೆಳಗಲಿ ಕನ್ನಡ ಎಂದೆಂದೂ  
ಒಗ್ಗಟ್ಟಾಗಲಿ ಕನ್ನಡಿಗರು ಮುಂದೆಂದೂ



**ಡಾ. ಅನುಪಮ ಪೂಜಾರ್**  
**ಪ್ರಾಧ್ಯಾಪಕರು ಮತ್ತು**  
**ಶಸ್ತ್ರಚಿಕಿತ್ಸಾತಜ್ಞರು**  
**ಸಪ್ತಗಿರಿ ವೈದ್ಯಕೀಯ ಕಾಲೇಜು**  
**ಬೆಂಗಳೂರು**





## Announcements

### Upcoming Events

- Monthly Clinical Meet- M S Ramaiah Medical College on **20th November 2024**
- Monthly Clinical Meet -Rajarajeswari Medical College and ESICMC PGIMSR on **6th December 2024**

### Mark Your Calender

Annual National CSEP 10-11-24 to 16-11-24







# Announcements-

## Annual General Body Meeting



### SURGICAL SOCIETY OF BANGALORE - ASICC (R)

1<sup>st</sup> Floor, I. M. A. House, Alur Venkata Rao Road, Bengaluru - 560 018

EMAIL :- ssbasicc1974@gmail.com/ Telefax : 080 26705691

Website:-www.ssbasicc.org

Date: 30<sup>th</sup> October 2024

#### NOTICE

Dear Member,

Annual General Body Meeting of our Society is convened on 7<sup>th</sup> Saturday December 2024 at 7-00PM at API Bhavana.


#### AGENDA

1. Welcome and address by the president
2. Reading of the notice by the Hon Secretary
3. Condolences if any
4. Inability to attend the Meeting if any
5. Secretary's report
6. Adoption of the Secretary's report.
7. Treasurer's report.
8. Adoptions of the Treasurer's report and accounts and budget for the next year.
9. Amendments of rules, Bylaws.
10. Resolution from members, if any.
11. Any other business with permission of the Chairman.
12. Installation of the Office Bearers
13. Newly installed President's address
14. Closure of the general body meeting with vote of thanks by Secretary

#### Please Note: -

- a) Hon Secretary's report / Internal audited accounts & budget shall be available one hour before the General Body Meeting at the Venue.
- b) The Contestants Fees details are mentioned in the nomination form.
- c) Election Guidelines (Shown Below)

Election Guidelines as mentioned in the bylaws & Schedule To Be Followed Strictly.		
1.	CALLING FOR NOMINATION	30th October 2024
2.	LAST DATE FOR RECEIVING NOMINATION	13 <sup>th</sup> Nov 2024 - 4-00pm
3.	WITHDRAWAL UP TO	18 <sup>th</sup> November 2024 - 4-00pm
4.	VOTING BEGINS ON	23rd November 2024- 9-00am
6.	VOTING ENDS ON	30 <sup>th</sup> November 2024 - 5-00pm
7.	DECLARATION OF RESULTS	2 <sup>nd</sup> December 2024
8.	INSTALLATION OF OFFICE BEARERS DURING THE GBM	7 <sup>th</sup> Saturday December 2024

  
Dr. Rajshekhar C Jaka  
President

  
Dr. Munireddy M V  
Hon Secretary



## Obituary



**Dr. Srikant Jagirdar**  
**DOD - 17.09.2024**

- Dr. Srikant Jagirdar was 71 years old. survived by his wife, two children and three grandchildren.
- He practiced as a Surgeon for over 40 years.
- MBBS from MRMC Medical College, Gulbarga
- MS from BJ Medical College, Pune.
- Started his practice at St. Marthas Hospital, Bangalore.
- He was a consultant surgeon and laparoscopic surgeon at many hospitals over the years including Bhagvan Mahaveer Jain Hospital, Ravi Kirloskar Hospital and Santosh Hospital.
- **Life member of SSBASICC**
- He also taught undergraduate and post graduate medical students.
- He was an avid golfer.
- He was a very kind and helpful person with a joyful and enthusiastic outlook towards life.
- He will be dearly missed.



**Dr. (Brig) Rajagopalan S**  
**DOD - 30.09.2024**

- BSc - 1976, MES College, Bangalore
- MBBS - Dec 1980 - Armed Forces Medical College, Pune
- MS - Dec 1988 - Armed Forces Medical College, Pune
- FAIS - Dec 2009 - Fellow of the Association of Indian Surgeons FRCS (Glas)
- Medical Director and Vice Principal at Dr. Chandramma Dayananda Sagar Institute of Medical Education and Research
- Ex HOD Surgery, Armed Forces Medical College, Pune & RRMCH, Bangalore
- Past Secretary Association of Armed Forces Surgeons
- **Life member SSBASICC**
- Very soft Spoken, very dignified, punctual to the core. very systematic, dedicated person
- Received Army Chief's commendation award twice.
- He will be dearly missed



**Send your News, Articles,  
Case Reports, Classifieds,  
Awards and Acheivements  
etc. to**

**"sushruthassb@gmail.com"**

**ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ  
ಶುಭಾಶಯಗಳು**

